

## Supplemental Interview Checklist

### Behaviors

- Continually expresses grievances or feels marginalized, mistreated, or discriminated against
- Direct threat on a specific person with a time or location mentioned or implied
- Keeps a notebook, diary, or online blog (e.g., vent app) about people they are enraged at
- Obtains schematics, maps, and video surveillance of the target; makes tactical drawings
- Creates a costume to be used in an attack (legacy token)
- Objectifying or depersonalizing language visible in writing or verbal attacks
- Collects past grievances and injustices that others have done to them
- Increasing fixation, intensity, and frequency of violent language or acts

### Threat Quality

- Face-to-face    Phone    Verbal    Email    Text    Social media
- Threat is transient, affective, "bark," or "howling" in nature
- Time expressed    Location expressed    Fixation on group    Narrow focus
- Threat is substantive, targeted, "bite," or "hunting" in nature
- Concerning material and content in threat, but likely expressed to troll, tease, or gain a reaction

### Emotions

- Intense feelings of hopelessness or desperation
- Holds onto past rage and anger
- Difficulty with impulse control or the ability to tolerate frustrations
- Untreated or poorly managed conditions impacting judgment/impulse control

### Lethality

- Research on bullet damage or weapon discussion
- Acquired high-capacity magazines, tripwire devices, or explosives
- Weapons training or practice; access to registered firearms or a concealed carry permit
- Recent posts of pictures posing with weapons at a shooting range or other location
- Has money, transportation, places to practice, and storage of materials
- Uses burner phones, encrypted apps, and planning in private channels

### Thinking

- Convinced nothing will change
- Overwhelming entitlement and "deserves" things to be handled in a particular way
- Lacks the ability to problem-solve or see negative events within a larger perspective
- Feels like "a train on the tracks" and is headed to a conclusion they cannot stop
- Views the world in an "us vs. them" manner; sense of moral outrage; lacks empathy and perspective
- Desire for fame seeking or to leave a message to the larger society about their pain
- Fantasizes about punishing others for the wrongs they have done
- Hardened point of view against a particular group or ideology
- Motives to harm: personal grievance, romantic/rejection, fame-seeking, delusional, self-directed
- Identity fusion with online extremist subcultures; self-worth becomes inseparable from the group

### Credibility

- Stories lack consistency (i.e., everything does not line up)
- Emotions fail to match their words (i.e., incongruent)
- Detachment from reality, a sense of paranoia, or delusions
- Overly guarded or casual, beyond what would be expected, during the interview

### Suicide

- No thoughts of suicide or treatment history
- Vague thoughts of suicide with no plan and/or past treatment (therapy or inpatient)
- Currently suicidal with plan and access; limited past treatment (therapy or inpatient)
- Currently suicidal, with plan and access; extensive past treatment history for chronic suicide attempts

## Environmental Elements and Background

### Family & Home Environment

- Domestic instability (frequent conflict, abuse, neglect, divorce, instability in caregivers)
- Parental substance use (alcohol, drugs, prescription misuse)
- Economic hardship (housing/food insecurity, job loss, poverty)
- Lack of parental supervision or engagement

### School/Work Environment

- Bullying or peer victimization (verbal, physical, cyber)
- Social isolation (loner status, exclusion from peer groups, lacking anyone they can trust)
- Academic or work performance failure or perceived unfair assessment/discipline
- Inconsistent disciplinary practices or perceived injustice

### Community & Societal Environment

- Exposure to community violence (gangs, assaults, shootings in neighborhood)
- Cultural/media glorification of violence (identification with shooters, violent media)
- Easy access to firearms (in home, with friends, or local culture of weapons)
- Lacks positive adult supports (no mentors, coaches, clergy, extended family)

### Situational & Acute Stressors

- Recent loss or rejection (breakup, death, social humiliation, loss of status)
- Major transition (new school, moving, parental separation)
- Perceived injustice or grievance (focus on specific person/group/institution)
- Copycat influence (media fascination, prior shooter idolization)

### Future/Anticipated Stressors

- Imminent or confirmed losses (expulsion, job loss, eviction, breakup, custody loss)
- Pending public exposure or doxxing (social media leaks, legal filings)
- Escalating legal/criminal proceedings (arrests, pending charges, restraining orders)
- Loss of social status/identity events (graduation denial, team removal, rejection)
- Imminent access changes (new access to firearms, vehicles, restricted areas)
- Trigger dates/anniversaries (loss anniversaries, prior attacks, significant birthdays)
- Rising publicity/media attention (press on grievance, amplification online)
- Online radicalization & echo chambers (forum escalation, extremist contacts)
- Major economic or societal shocks (layoffs, unrest, crisis events)
- Administrative/disciplinary deadlines (hearings, sanctions, court dates)

### Catalyst/Accelerants

- Imminent administrative or legal deadline. Date: \_\_\_\_\_
- Anticipated or newly obtained access to weapons. Details: \_\_\_\_\_
- Planned public event/anniversary aligning with grievance. Date: \_\_\_\_\_
- Known doxxing or planned exposure. Details: \_\_\_\_\_
- Recent or impending significant losses (housing/job/relationship). Details: \_\_\_\_\_
- Evidence of online radicalization or new contacts with extremists. Details: \_\_\_\_\_

## Additional Considerations

### Pathway to Violence

- Leakage (sharing plans with peers, posting on social media)
- Escalating aggression, intimidation, and fascination with violence
- Fixation/obsession with the target
- Isolation, withdrawal, rumination

### Core Concepts

- Use multidisciplinary teams (behavioral health, legal, campus safety, student affairs)
- Keep documentation factual and avoid diagnostic language unless written by a licensed clinician
- Reassess periodically as risk changes over time
- Train intake staff to preserve digital evidence and metadata
- Prioritize victim safety and confidentiality; coordinate with legal counsel on disclosures

### Immediate Risk-Reduction

- Raise the risk level in the case file and increase monitoring frequency
- Rapid outreach: Clinician or assessor contacts individual within 24 hours
- Safety planning: Limit access to means, create a documented plan, involve supports
- Coordinate with BIT/CARE, campus safety, law enforcement, housing, and media
- Document: Timeline of stressor, behavioral changes, interventions offered
- Protect targets: Escorts, relocations, no-contact orders, event awareness
- Therapeutic engagement: Emergency counseling, medication review, and referral

### Proximal Warning Behavior

- Pathway: Pathway planning, recon, surveillance
- Fixation: Preoccupation with a person/cause
- Identification: Emulate previous attackers
- Novel Aggression: Testing/practicing violence
- Energy Bust: Sudden increase in activities
- Leakage: Communicating threat intent
- Direct Threat: Explicit threats to a person/group
- Last Resort: Only way out, martyr language

### Pathway Behavior

- Grievance/Moral Outrage: Perceptions of being wronged
- Violent Ideation: Fantasizing about retaliation
- Research & Planning: Active information gathering
- Preparation & Acquisition: Acquiring weapons, writing a manifesto, rehearsing
- Approach/Breach: Testing boundaries, probing security, penetration testing
- Attack/Last Resort: Countdown, posting online, willing to die for a cause
  
- Micro-validation of violent ideation, testing boundaries with small, seemingly "offhand" comments, memes, or jokes about violence. When others laugh, ignore, or even mildly validate, this is seen as tacit approval, emboldening more extreme thoughts.
  
- Preoccupation with legacy & "spectacle violence." A fixation on leaving behind a name, manifesto, or livestream can be as motivating as the actual grievance. Desire to be remembered via a blaze of glory.

